Summary

A network of low-stress routes connecting people to the places they want to go without exceeding their tolerance for traffic stress is needed to encourage bicycling as a mainstream mode of travel. The White Flint Separated Bike Lane Network would create a low-stress bicycling network that circulates throughout the Sector Plan area, connecting to the existing Metrorail station, proposed Bus Rapid Transit (BRT) stations, existing bikeways such as the Bethesda Trolley Trail and the Montrose Parkway shared use path, and that facilitates connections to the surrounding residential neighborhoods.

Background

The Bicycle Master Plan Team is advancing work both in the White Flint Sector Plan area and Life Sciences Center District due to the fast pace of change in these areas so that opportunities to construct segments of a separated bike lane network can be pursued in conjunction with development and capital projects ahead of the Bicycle Master Plan which is expected to be approved in 2017.

Why are Separated Bike Lanes Needed?

Traditionally, bicycle planning in Montgomery County has consisted of two types of bikeways, but each has drawbacks that limit their ability to encourage bicycling, especially in urban areas:

- Conventional bike lanes are a portion of a roadway that has been designated by striping, signing and pavement markings for exclusive use for bicycling.
  - Drawback: Many people are deterred from bicycling in conventional bike lanes when traffic volumes or speeds are high, because striping does not offer much protection from traffic. And in urban areas riding in bike lanes can be stressful if the bike lane is blocked by a delivery vehicle or when cars pull in and out of on-street parking.
- Shared use paths are a paved path that is typically 10 feet wide, designated for shared use by bicycles and pedestrians.

Recommendation

Receive stakeholder input and provide feedback on the Draft White Flint Separated Bike Lane Network.

Completed: 11/23/15
Drawback: While shared use paths may be a comfortable bikeway type in areas with less activity, they are less comfortable for both bicyclists and pedestrians in activity centers.

Over the past five years, separated bike lanes (also known as cycle tracks or protected bike lanes) have been embraced in urban areas as a preferred bikeway because they provide dedicated space for bicycling that is physically separated from motor vehicles and pedestrians. In the Washington DC region separated bike lanes exist on multiple roads, including:

- District of Columbia: Pennsylvania Avenue, 15th Street NW, L Street NW, M Street NW, and 1st Street NE.
- Arlington: Eads Street and South Hayes Street.

The first separated bike lane in Montgomery County opened on Woodglen Drive in White Flint in the fall of 2014.

![The Woodglen Drive Separated Bike Lane](image)

**The Proposed Network**

The White Flint Separated Bike Lane Network is shown in the image below.
Separated bike lanes are proposed on three types of roads:

1. **Roads with master-planned bike lanes that would be upgraded to separated bike lanes**
   Roads in this category are already recommended to have bike lanes in the White Flint Sector Plan. Since bike lanes are typically 5.5 to 6 feet wide in Montgomery County and separated bike
lanes in a high-demand area are recommended to be 7 feet wide to allow passing, up to 1.5 additional feet are needed on each side of the road. (The separation could be provided by relocating the bike lanes on the other side of the landscape panel – see image below.) This space can be gained by narrowing the traffic lanes per Bill 33-13 (the Urban Road Code bill). Upgrading to separated bike lanes on these roads would not require a reduction in the number of travel lanes or an expansion of the master-planned right-of-way. Roads in this category include:

- Nicholson Lane from Old Georgetown Road to Nebel Street
- Nebel Street from Randolph Road to Rockville Pike
- Edson Lane from Rockville Pike to Woodglen Drive
- Old Georgetown Road from Rockville Pike to Nebel Street

2. Roads with existing bike lanes that would be upgraded to separated bike lanes
Roads in this category currently have striped bike lanes even though such lanes were not recommended in the White Flint Sector Plan. They would be upgraded to separated bike lanes. Roads in this category include:

- Marinelli Road from Executive Blvd to Rockville Pike
- Security Lane from Woodglen Drive to Rockville Pike

3. Roads without existing or master-planned bike lanes
Three additional roads without existing bike lanes or a master plan recommendation for bike lanes would be included in the network of separated bike lanes:

- Rockville Pike from Edson Lane to Montrose Parkway
- Woodglen Drive Extended from Nicholson Lane to Marinelli Street
- Marinelli Road from Rockville Pike to Nebel Street

One-Way Separated Bike Lane in Boulder Colorado
Prioritization

Staff was also asked by Council staff to include a prioritization section to help inform funding for White Flint bikeways in the Capital Improvements Program. The recommendations are divided into three tiers on page 9:

- Tier One includes those bikeways that must be substantially completed to open Stage 2 of the White Flint Sector Plan, as well as those connecting various areas to the White Flint Metrorail Station.
- Tier Two includes those bikeways that are important for connectivity, but are not required to begin Stage 2 of the Sector Plan.
- Tier Three includes recommendations that are important to complete as part of the MD 355 BRT transit corridor and are, therefore, longer term recommendations.

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Comments from the Montgomery County Department of Transportation

On September 10, 2015, the Planning Board recommended adding separated bike lanes on four roads in the White Flint West project Mandatory Referral. These included Old Georgetown Road, Hoya Street (now Towne Road), Executive Blvd, and East Jefferson Street, and are included on the map above.

Acting Director of the Department of Transportation Al Roshdieh expressed support for the White Flint Separated Bike Lane Network in a letter dated October 5, 2015 (See Attachment A), but requested the following language regarding the White Flint West Phase 2 roads:

“The Montgomery County Department of Transportation has two projects either under contract for construction or nearing design completion, consistent with the 2010 White Flint Sector Plan, as of the
The recommendations for separated bike lanes along the following four segments are expressed with the understanding from MCDOT that the associated active projects are not able to incorporate the facilities as proposed within this document without significant delays and greatly increased costs due to complete redesign, which also requires changes in current State Highway Administration policy. For these four segments, MCDOT has indicated that they will continue to proceed under the direction of the 2010 White Flint Sector Plan. The facilities proposed by this document for these four segments will be implemented under separated projects at a future time.

- Old Georgetown Road from Nicholson Lane to Rockville Pike.
- Hoya Street from Montrose Parkway to Old Georgetown Road.
- Executive Blvd west of Old Georgetown Road.
- Executive Blvd (realigned) from Marinelli Street to Old Georgetown Road.”

We have incorporated a slightly modified version of this into the document:

“As of October 2015, the Montgomery County Department of Transportation (MCDOT) has two projects either under contract for construction or nearing design completion, consistent with the 2010 White Flint Sector Plan, as of the publication of this document. The recommendations for separated bike lanes along the following four segments are expressed with the understanding from MCDOT that the associated active projects are not able to incorporate the facilities as proposed within this document without significant delays and greatly increased costs due to complete redesign, which also requires changes in current State Highway Administration policy. For these four segments, MCDOT has indicated that they will continue to proceed under the direction of the 2010 White Flint Sector Plan. The facilities proposed by this document for these four segments will be implemented under separated projects at a future time.”

**Current Status**

The Montgomery County Department of Transportation has agreed to recommend design of the separated bike lane network in the FY 17-22 Capital Improvements Program.

**Next Steps**

The bikeway network recommended in this document and any comments from the Planning Board will be incorporated into a Working Draft of the Bicycle Master Plan in late 2016.
October 5, 2015

Mr. Casey Anderson, Chair
Maryland-National Capital Park and Planning
Maryland National Capital Parks and Planning Commission
8787 Georgia Avenue
Silver Spring, Maryland 20910

Re: Bikeways Master Plan Update – White Flint Draft Recommendations

Dear Mr. Anderson,

We have reviewed the Draft Recommendations for the White Flint area proposed as part of the current Bikeways Master Plan Update and we concur with the objectives of the plan which is to provide safe bicycling facilities through separation of the facilities from traffic lanes to the maximum extent practicable. However, as you know, we have several projects in White Flint West that are currently either under contract for construction or nearing complete design consistent with the 2010 White Flint Master Plan.

Therefore, please consider incorporating the four segments listed after Section 3 on page 11 into the preceding three sections, as applicable, and replacing the text on page 11 beginning with “In addition...” with the following: “The Montgomery County Department of Transportation has two projects either under contract for construction or nearing design completion, consistent with the 2010 White Flint Master Plan, as of the publication of this document. The recommendations for separated bike lanes along the following four segments are expressed with the understanding that the associated active projects are not able to incorporate the facilities as proposed within this document without significant delays and greatly increased costs due to complete redesign, which also requires changes in current State Highway Administration policy. For these four segments, MCDOT will continue to proceed under the direction of the 2010 White Flint Master Plan. The facilities proposed by this document for these four segments will be implemented under separate projects at a future time.” [road segments listing]
Mr. Casey Anderson  
October 5, 2015  
Page 2

Thank you for your consideration in this request. We look forward to working with M-NCPPC to implement the vision of the 2010 White Flint Master Plan and the proposed Bikeways Master Plan Update in our future projects.

Sincerely,

[Signature]

Al R. Roshdfeh  
Acting Director

AR/jt

cc: Emil Wolanin, Acting Deputy Director, MCDOT  
Gary Erenrich, Acting Deputy Director Transportation Policy, MCDOT  
Bruce Johnston, Chief, Division of Transportation Engineering, MCDOT  
Gwen Wright, Director, M-NCPPC Montgomery Planning  
David Anspacher, M-NCPPC
Proposed White Flint Separated Bike Lane Network (Draft)
November 2015

Abstract
This draft report includes a proposed separated bike lane network for the White Flint Sector Plan area. Separated bike lanes create a low-stress environment for cyclists because they provide physical separation from both traffic and pedestrians.

Source of Copies:
montgomeryplanning.org/bikeplan
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Driven by changing travel patterns, investments in low-stress bicycling infrastructure and popularity of bikeshare programs, the number of trips by bicycling has grown steadily over the past 15 years. Montgomery County continues to make substantial investments in bicycling infrastructure and is well-positioned to emerge as a leader in bicycling among suburban jurisdictions.

A high-quality bicycling network is a critical component of achieving a number of County indicators, including non-auto driver mode share (NADMS) goals required in the staging elements of several master plans, and air quality and public health indicators. Furthermore, a separated bicycle network is increasingly a driver of economic activity and potentially a differentiator for the White Flint area. Several surveys reveal that the public increasingly wants to live in walkable and bikeable places with convenient access to amenities and transit.

The Montgomery County Planning Department began working on the Bicycle Master Plan in July 2015 with the goal of developing a low-stress bicycle network that can make cycling a mainstream choice for the majority of the County’s residents and employees. One critical component of this plan is evaluating bikeway types that were not a part of the planning toolkit when the Countywide Bikeways Functional Master Plan (a precursor to the current Bicycle Master Plan) was approved in 2005.

These newer types include separated bike lanes (also known as cycle tracks or protected bike lanes), which are preferred in many urban areas because they provide separation from motor vehicles and pedestrians. This separation may be vertical, such as curbs or bollards; horizontal, such as a landscape panel or a parking lane; or a combination of both. Separated bike lanes may be in a one-way or a two-way configuration.

Bicycling as a mode of transportation is experiencing a resurgence throughout the United States, especially in urbanized areas.
Montgomery County residents and employees are more likely to bicycle in low-stress environments, so improving bicycling throughout the County requires developing safe, low-stress connections between activity centers, transit facilities and neighborhoods. Based on the analysis in this document, the current master-planned bikeway network in White Flint would benefit greatly from modifications to the proposed facilities in order to encourage cycling as a mainstream choice.

Due to the pace of development in White Flint, the Planning Department is advancing work in this area of the County so that meaningful opportunities to construct segments of the preferred bike network are not lost before the Bicycle Master Plan is completed.

This document identifies an initial phase of the bikeway network. It can be implemented without an amendment to the master plan because it:

1. Can be constructed within the right-of-way recommended in the White Flint Sector Plan.
2. Will have little, if any, additional impact on vehicular traffic in the White Flint area.
3. The Countywide Bikeways Functional Master Plan (page 29) allows for flexibility.
Two-way separated bike lane in Washington, DC

One-way separated bike lane in Temple City, CA (Source: Joe Linton)
The table below prioritizes the separated bike lane network for different locations in White Flint according to three tiers. Tier One includes those bikeways that must be substantially completed to open Stage 2 of the White Flint Sector Plan, as well as those connecting various areas to the White Flint Metrorail Station.

Tier Two includes those bikeways that are important for connectivity, but are not required to begin Stage 2 of the sector plan. Tier Three includes recommendations that are important to complete as part of the MD 355 bus rapid transit network and are, therefore, longer term recommendations.

Of course, there may be opportunities to advance some of the bikeways noted in Tier 2 and Tier 3 (for example, the Montgomery County Department of Transportation’s separated bike lane projects on Nebel Street and Woodglen Drive), and this prioritization is not intended to preclude their construction.

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The analysis in this report is based on an approach that quantifies the anxiety and danger that bicyclists feel when they ride close to traffic. This level of traffic stress (LTS) methodology was developed in 2012 by the Mineta Transportation Institute and San Jose State University. It assigns a numeric stress level to streets (and other places where people can bicycle, like trails) based on attributes that include traffic speed, traffic volume, number of lanes, frequency of parking turnover, ease of intersection crossings and other characteristics. A quiet residential street with a 25-mile-per-hour speed limit presents a low-stress setting for cyclists riding in the roadway, but a six-lane highway with a 40-mile-per-hour speed limit creates a high-stress environment for cyclists who must share the roadway with traffic.

The proposed network of separated bike lanes would create a low-stress bicycling environment through much of the White Flint Sector Plan area.

Recommendations for separated bike lanes fall into three categories:

1. Upgrade master-planned bike lanes to separated bike lanes
   Roads in this category are already recommended to have bike lanes in the White Flint Sector Plan. Since bike lanes are typically 5.5 to 6 feet wide in Montgomery County and separated bike lanes in a high-demand area are 7 feet wide, 1.5 additional feet are needed on each side of the road to upgrade to separated bike lanes. This space can be gained by narrowing the traffic lanes per Bill 33-13 (the Urban Road Code bill). Upgrading to separated bike lanes would not require a reduction in the number of travel lanes or an expansion of the master-planned right-of-way. Roads in this category include:

   - Nicholson Lane from Old Georgetown Road to Nebel Street
   - Nebel Street from Randolph Road to Rockville Pike
   - Edson Lane from Rockville Pike to Woodglen Drive
   - Old Georgetown Road from Rockville Pike to Nebel Street

2. Upgrade existing bike lanes to separated bike lanes
   Roads in this category currently have striped bike lanes even though such lanes were not recommended in the White Flint Sector Plan. They would be upgraded to separated bike lanes. Roads in this category include:

   - Marinelli Road from Executive Blvd to Rockville Pike
   - Security Lane from Woodglen Drive to Rockville Pike
Add separated bike lanes on additional roads

Three additional roads would be included in the network of separated bike lanes:

- Rockville Pike from Edson Lane to Montrose Parkway
- Woodglen Drive Extended from Nicholson Lane to Marinelli Street
- Marinelli Road from Rockville Pike to Nebel Street

As of October 2015, the Montgomery County Department of Transportation (MCDOT) has two projects either under contract for construction or nearing design completion consistent with the 2010 White Flint Sector Plan. The recommendations for separated bike lanes along the following four segments are expressed with the understanding from MCDOT that the associated active projects are not able to incorporate the facilities as proposed within this document without significant delays and greatly increased costs due to complete redesign, which also requires changes in current State Highway Administration policy. For these four segments, MCDOT has indicated that they will continue to proceed under the direction of the 2010 White Flint Sector Plan. The facilities proposed by this document for these four segments will be implemented under separated projects at a future time.

- Old Georgetown Road from Nicholson Lane to Rockville Pike.
- Hoya Street from Montrose Parkway to Old Georgetown Road.
- Executive Blvd west of Old Georgetown Road.
- Executive Blvd (realigned) from Marinelli Street to Old Georgetown Road.
#1 UPGRADE MASTER-PLANNED BIKE LANE NETWORK TO SEPARATED BIKE LANES

NICHOLSON LANE
(OLD GEORGETOWN ROAD TO NEBEL STREET)

Nicholson Lane is a major east-west thoroughfare that bisects the White Flint Sector Plan area, extending to the Luxmanor and Old Farm neighborhoods to the west and Randolph Hills and Franklin Park neighborhoods to the east. It is a five-lane road with a posted speed limit of 30 mph.

- **Daily Traffic Volume**
  - West of Rockville Pike: 14,800 vehicles (SHA, 2014)
  - East of Rockville Pike: 24,000 vehicles (SHA, 2014)
- **Number of Lanes**: 4 through lanes and a continuous center turn lane
- **Posted Speed Limit**: 30 mph
- **On-Street Parking**: none

**Level of Traffic Stress**: An evaluation of Nicholson Lane indicates that it is currently a high-stress cycling environment suitable for about 1-4 percent of residents, due to the high volume and speed of traffic. While the bike lanes recommended in the White Flint Sector Plan would be an improvement over existing conditions, cyclists would still experience a moderate level of stress that would be suitable for only about 10 percent of the population. Therefore, separated bike lanes are needed to create an environment that would appeal to up to 60 percent of adults.

The Montgomery County Department of Transportation (MCDOT) has developed a typical section for separated bike lanes on Nicholson Lane, and the lanes will be implemented through a combination of development approvals and a County Capital Improvements Program (CIP) project. Since construction of “substantially all of” the planned bike facility is required to advance the White Flint Sector Plan to Stage 2, this bikeway should be programmed as a high-priority CIP project.
NEBEL STREET
(MONTROSE PARKWAY TO ROCKVILLE PIKE)

Nebel Street is a master-planned, north-south road along the eastern edge of the White Flint Sector Plan area that is planned to connect Parklawn Drive to the White Flint Mall site. Nicholson Lane is the border between the existing section to the north and the unbuilt section to the south.

- **Daily Traffic Volume:** 11,900 vehicles (SHA, 2014)
- **Number of Lanes:** 2 through lanes
- **Posted Speed Limit:** 30 mph
- **On-Street Parking:** low turnover

The existing portion of Nebel Street is located between Randolph Road and Nicholson Lane. It is a two-lane road with a posted speed limit of 30 mph. In this location, Nebel Street is a moderate-stress road for cyclists due to high percent of truck traffic. As the industrial uses are redeveloped, truck traffic will likely become less of a stressor and on-street parking will become more of a stressor to cyclists.

MCDOT is currently evaluating several options for this road.

The unbuilt portion of Nebel Street will connect Nicholson Lane to Rockville Pike, and will be constructed as part of the redevelopment of White Flint Mall.

- **Traffic Volume:** unbuilt
- **Number of Lanes:** 2 through-lanes (planned)
- **Posted Speed Limit:** to be determined
- **On-Street Parking:** likely to be high

**Level of Traffic Stress:** An evaluation of the traffic stress on the existing section of Nebel Street indicates that it is a moderate-stress cycling environment that is suitable for about 10 percent of residents. Installing separated bike lanes on both the existing and planned sections of Nebel Street would create a very low-stress cycling environment, suitable for all adults and older children.
EDSON LANE
(ROCKVILLE PIKE TO WOODGLEN DRIVE)

Edson Lane is a two-block-long master-planned road. While traffic volumes and speeds are lower than other roads in White Flint, separated bike lanes are needed to maintain a separated bikeway connection between the North Bethesda Trail and the Woodglen Drive separated bike lanes on the west to Nebel Street and the White Flint Mall site on the east.

**Level of Traffic Stress:** Edson Lane is currently a moderate-stress cycling environment that is suitable for about 10 percent of the population. Installing separated bike lanes would create a very low-stress cycling environment, suitable for all adults and older children.

This bikeway would be constructed as a County CIP project.

OLD GEORGETOWN ROAD
(ROCKVILLE PIKE TO NEBEL STREET)

Old Georgetown Road is a two-lane road planned to be widened to four lanes between Rockville Pike and Nebel Street.

**Level of Traffic Stress:** An evaluation of the traffic stress on Georgetown Road east of Rockville Pike indicates that it is a moderate-stress cycling environment that is suitable for about 10% of population. Installing separated bike lanes would create a low-stress cycling environment, suitable for all adults and older children.

Since construction of “substantially all of” the bike facility is required to advance to Stage 2 of the Sector Plan, this bikeway should be programmed as a high-priority CIP project.
#2 UPGRADE EXISTING BIKE LANES TO SEPARATED BIKE LANES

MARINELLI STREET (EXECUTIVE BLVD TO ROCKVILLE PIKE)

Marinelli Street is a five-lane road that connects cyclists to the White Flint Metrorail station. While the White Flint Sector Plan does not recommend bike lanes on this road, MCDOT was able to stripe bike lanes by narrowing the existing travel lanes and removing some on-street parking. Adding bike lanes improves this road from a high-stress to a moderate-stress cycling environment.

Installing separated bike lanes would create a low-stress cycling environment, suitable for all adults and older children. With the extension of the Woodglen Drive separated bike lanes (see below), this bikeway will complete a network of separated bikeways that connects the White Flint Metrorail Station and the Medical Center Metrorail Station to the northern edge of Downtown Bethesda.¹

### Marinelli Street looking east toward Rockville Pike

- **Daily Traffic Volume:** 6,300 vehicles (SHA, 2014)
- **Number of Lanes:** 4 through lanes and a continuous center turn lane
- **Posted Speed Limit:** 30 mph
- **On-Street Parking:** none

This bikeway should be programmed as a high-priority project in the County CIP.

¹ A recommendation in the Bethesda Downtown Plan, if implemented, would extend this separated bikeway network to the Bethesda Metrorail Station.
Security Lane is a two-lane road that connects the Woodglen Drive separated bike lanes to the center of the White Flint Mall site. The Countywide Transit Corridors Functional Master Plan recommends a bus rapid transit (BRT) stop at the intersection of Security Lane with Rockville Pike. While the White Flint Sector Plan does not recommend bike lanes on this road, MCDOT was able to stripe bike lanes by narrowing the existing travel lanes.

This improvement reduces the stress of bicycling on Security Lane. However, due to the high-turn-over of on-street parking and frequent blockage by service vehicles, the traffic stress for cyclists’ remains elevated. Upgrading the bike lanes to separated bike lanes would eliminate this stress and would facilitate access to the planned BRT station.

Security Lane looking east toward Rockville Pike

- 13-Hour Traffic Volume: 3,500 vehicles (SHA, 2011)
- Number of Lanes: 2 through lanes
- Posted Speed Limit: 30 mph
- On-Street Parking: high turnover

This is a lower-priority bikeway that should be implemented as a County CIP project.
As the major north-south thoroughfare through the White Flint Sector Plan area, Rockville Pike is a high-stress environment for cyclists. The bikeway map and table in the White Flint Sector Plan recommend a shared-use path on Rockville Pike. However, Figure 2 of the Sector Plan (shown below) includes separated bike lanes and page 53 of the Plan calls for “on-road bicyclist accommodation.”

Separated bike lanes are needed to make Rockville Pike a suitable bicycling environment for most adults. Particular attention is needed to reduce the stress level crossing intersections.

- **Daily Traffic Volume**: 50,500 vehicles north of Strathmore Ave
- **(SHA, 2013)**
- **Number of Lanes**: 6 through lanes and turn lanes
- **Posted Speed Limit**: 40 mph
- **On-Street Parking**: none

An alternative Rockville Pike Typical Section (Figure 2 of the Sector Plan)
MCDOT constructed two-way separated bike lanes on Woodglen Drive between Edson Lane and Nicholson Lane in 2014. The separated bike lanes will be extended to Marinelli Street as part of the Saul Center development project. In conjunction with the recommended Marinelli Street separated bike lanes (see above), this bikeway will complete a network of separated bikeways that connects the White Flint Metrorail Station and the Medical Center Metrorail Station to the northern edge of Downtown Bethesda.

**WOODGLEN DRIVE**
(EDSON LANE TO MARINELLI ROAD)

• **13-Hour Traffic Volume**: 5,900 vehicles south of Executive Blvd. (SHA, 2011)
• **Number of Lanes**: 2 through lanes
• **Posted Speed Limit**: 30 mph
• **On-Street Parking**: high turnover

Future Location of Woodglen Drive Extended

MCDOT is considering installing bike lanes on Marinelli Road east of Rockville Pike. Doing so would be a good interim step to reduce the stress level of this street from high to moderate. Since Marinelli Street is the route that many cyclists will take to get to the White Flint Metrorail Station, adding separated bike lanes over the long term is critical to creating a low-stress connection to transit.

**MARINELLI ROAD**
(ROCKVILLE PIKE TO NEBEL STREET)

• **Daily Traffic Volume**: 6,600 vehicles (SHA, 2014)
• **Number of Lanes**: 4 through lanes and a continuous center turn lane
• **Posted Speed Limit**: 30 mph
• **On-Street Parking**: low turnover

Marinelli Road looking east toward Nebel Street
A one-way separated bike lane in Boulder, Colorado
(Source: Toole Design Group)