

**THE MARYLAND-NATIONAL CAPITAL PARK AND PLANNING COMMISSION  
PRESS RELEASE**

**For immediate release:**

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**For more information:**

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The Maryland-National Capital Park and Planning Commission

The Montgomery County Planning Board

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**M-NCPPC SEEKS PARK VOLUNTEERS FOR  
APRIL EVENTS, WEED WARRIOR TRAINING AND TRAIL WORK DAYS**

**SILVER SPRING, MD** – As part of its extensive volunteer program, the Montgomery County Department of Park and Planning is inviting residents, businesses and park visitors to participate in a number of special events and ongoing programs in a variety of locations throughout the 32,750-acre park system during the spring and summer. Volunteer opportunities include:

- **Potomac River Watershed Clean-up Day, Saturday, April 8** -- Groups and individuals will pick up trash and debris along the park streams throughout the Potomac watershed. For details, call 301-495-2504.
- **Spring Break Volunteer Opportunities for Students, April 11-17** -- Students will help out the Meadowside naturalists during Montgomery County Public School's spring break. For information, call Meadowside at 301-924-4141.
- **Earth Day/Anacostia River Day, Saturday, April 22** -- Volunteers will help clean up Long Branch Stream Valley Park next to one of the most popular community centers. Gloves, trashbags, snacks and water will be provided. For details, call 301-495-2504 if you are interested.
- **Weed Warriors Training, April 26** – Volunteers will be trained to help remove destructive, invasive plants from Montgomery Parks during a two-hour session. Those who complete training receive an authorization card to wage war on these invaders in the County's 395 M-NCPPC parks. To sign up, call 301-495-2504.
- **Arbor Day Celebration, Saturday, April 30** -- Agricultural History Farm Park, Derwood – Volunteers 14 and older will assist with setup and take down of tables and chairs, run the popcorn booth, paint faces and lend a hand to park staff. For details, call 301-495-2464.
- **Trail Work, Spring 2006** – Outdoor lovers volunteer to help with natural surface trail construction and rehabilitation, including raking, pruning and digging. For information, call Bob Turnbull 301-650-4369.

In addition, volunteers help with nature center programming, animal care, bluebird monitoring, office support and other activities. At Brookside Gardens, volunteers help with story time, tea parties, act as children's guides and provide gardening assistance and more.

For information, those interested may call the Volunteer Services Office, 301-495-2504, or click on [www.parksvolunteers.org](http://www.parksvolunteers.org). Trails information is available online at [www.montgomerytrails.org](http://www.montgomerytrails.org).

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