

**THE MARYLAND-NATIONAL CAPITAL PARK AND PLANNING COMMISSION
ATTENTION CALENDAR EDITORS**

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VOLUNTEERS NEEDED FOR TRAIL WORK AT BLACK HILL REGIONAL PARK

BOYDS, MD -- Trail planning staff for the Maryland-National Capital Park and Planning Commission (M-NCPPC) in Montgomery County invites volunteers over age 14 to participate in the Black Hill Regional Park trail workday, **Saturday, November 12, 9:30 a.m. to 2 p.m.** Volunteers will construct a new trail and realign Cabin Branch Trail under the supervision of national trail expert Rich Edwards of the International Mountain Biking Association.

“We encourage everyone to join us for a great day working on your trail,” said Naomi Manders, M-NCPPC volunteer coordinator for trails. “Mr. Edwards will share his years of experience designing and building multi-use trails. This is a great way to learn about building sustainable trails.”

Volunteer trail workers will meet at the boat launch ramp off Lake Ridge Drive in Black Hill Regional Park, Boyds, Maryland. Students must be at least age 14 and must be accompanied by an adult. For student service credit, students must bring their forms with them. Volunteers will need work gloves, water, snack foods/lunch, sturdy shoes and long pants. M-NCPPC staff will provide tools.

In Montgomery County parks last year, thousands of people volunteered more than 65,000 hours of service to M-NCPPC’s 32,600-acre national award-winning park system.

For information and registration, those interested may call 301-650-4395. Trails information is available online at www.montgomerytrails.org.

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