

**THE MONTGOMERY COUNTY DEPARTMENT OF PARK AND PLANNING  
PRESS RELEASE**

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**PARK AND PLANNING'S "NUTSHELL NEWS" PROGRAM NOW FOUND  
ONLY IN MONTGOMERY COUNTY RECREATION AND PARKS GUIDE**

**SILVER SPRING, MD** – Nearly 86,000 copies of the quarterly Montgomery County Recreation and Parks Guide will be dropped in the mail tomorrow and now included in the publication are hundreds of programs, events and classes organized and sponsored by the Maryland-National Capital Park and Planning Commission (M-NCPPC).

Previously, M-NCPPC published available nature center programs, events and classes in a separate booklet titled "Nutshell News." Due to the consolidation, "Nutshell News" will no longer be published.

The Montgomery County Recreation and Parks Guide is distributed at major park facilities, libraries, government centers and various other county recreation facilities. Those interested in receiving a free subscription to the guide may call 240/777-6840.

The guide may also be viewed on the Internet at [www.ParkPASS.org](http://www.ParkPASS.org) and [www.montgomerycountymd.gov/rec](http://www.montgomerycountymd.gov/rec).

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